

# Greater Holyoke YMCA: Small Pool Schedule

Effective: December 1, 2011 (schedule is subject to change)

Monday	Tuesday	Wednesday	Thursday
9:30-10:30 AM Swim Lessons & 1/2 Pool Open Swim	8:00-8:45 AM Aqua Fit I 8:45-9:30 AM Aqua Fit II	10:00-10:30 AM Swim Lessons & 1/2 Pool Open Swim	8:00-8:45 AM Aqua Fit I 8:45-9:30 AM Aqua Fit II
10:30-11:30 AM Senior Swim	9:30-10:15 AM Arthritis Water Aerobics	10:30-11:30 AM Senior Swim	9:30-10:15 AM Arthritis Water Aerobics
11:30-12:30 PM Health South	10:30-11:30 AM Senior Swim	11:30-12:30 PM Health South	10:30-11:30 AM Senior Swim
12:30-2:45 PM Closed	11:30-12:30 PM Health South	12:30-2:45 PM Closed	11:30-12:30 PM Health South
2:45-3:45 PM Open Swim	12:30-2:30 PM Closed	2:45-3:45 PM Open Swim	12:30-1:00 PM Closed
3:45-5:00 PM Swim Lessons	2:30-3:30 PM Soaker Swim	3:45-5:00 PM Swim Lessons	1:00-1:30 PM Swim Lessons
5:00-6:00 PM Swim Team	3:30-4:00 PM Open Swim	5:00-6:00 PM Swim Team	1:30-2:30 PM Closed
6:00-7:00 PM Health South	4:00-5:00 PM Swim Lessons	6:00-7:00 PM Health South	2:30-3:30 PM Soaker Swim
7:00 PM Pool Closed	5:00-5:45 PM Open Swim	7:00 PM Pool Closed	3:30-4:00 PM Open Swim
	5:45-6:00 PM Open Swim & 1 Lane Lessons		4:00-5:00 PM Swim Lessons
	5:45-6:30 PM Swim Lessons		5:00-5:45 PM Open Swim
	6:30-7:15 PM Aqua Aerobics		5:45-6:30 PM Swim Lessons
	7:15-8:00 PM Open Swim		6:30-7:15 PM Aqua Aerobics
	8:00 PM Pool Closed		7:15-8:00 PM Open Swim
			8:00 PM Pool Closed

Friday	Saturday	Sunday
9:30-10:30 AM Swim Lessons & 1/2 Pool Open Swim	8:00-9:00 AM Soaker Swim 9:00-12:00 PM Swim Lessons	12:00-1:00 PM Rentals 1:00-2:30 PM Open Swim
10:30-11:30 AM Senior Swim	12:00-1:00 PM Rentals	2:30 PM Pool Closed
11:30-12:30 PM Health South	1:00-2:15 PM Open Swim	
12:30-1:30 PM Soaker Swim	2:15-3:15 PM Rental	
1:30-3:45 PM Closed	3:15-4:00 PM Open Swim	<b>Important Information:</b>
3:45-5:00 PM Swim Lessons	4:00 PM Pool Closed	*Fall II Swimming Lessons
5:00-6:00 PM Swim Team		begin November 2, 2011 &
6:00-8:00 PM Open Swim		registration begins Saturday,
8:00 PM Pool Closed		October 22.

