



Fun & Fitness Camp

Winter Vacation Week

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Looking for a fun way to stay active during school break week this winter? Come to the Y and enjoy a variety of fun, creative and engaging activities everyday!

Ages:

3 to 8 Years. All participants must be potty trained.

Activities:

Learn to Swim: 30 minute swim lesson Monday - Friday. Recreational swim will be provided throughout the week, groups will be divided according to skill level/age. Certified Lifeguards on duty.

Activity Blocks: Arts & Crafts, Tumbling, Dance, Games, Kids Yoga, Movie Time, Gym Fun, Fit Zone, Story Time and more!

Lunch: Each child must bring their own bag lunch (please no peanut butter) and water bottle each day. A nutritional snack will be provided during the day.

When:

February 20th – February 24th

Time: 9:00 AM to 3:00 PM – Early drop-off at 8:00 AM for an additional \$5 per day.

Sign Up: Registration begins Monday, January 16th.

Where:

Greater Holyoke Y - Lou Parent Building

Cost:

Member: \$150 week or \$35 a day

Program Member: \$175 week or \$45 a day

Contact:

Rebekah Hanlon - Youth/Family Coordinator
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GREATER HOLYOKE Y

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